Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Monday 22 May 2023 until 23:59 on Tuesday 23 May 2023

Forecast Issued on Sunday 21 May 2023 at 11:14 by Met Office Aberdeen

Confidence: High confidence in high pressure dominating over the coming days bringing generally settled conditions. Lower for detail of weak fronts on Tuesday and Wednesday.

Headline for Monday 22 May 2023: Mainly dry with sunny spells.

Mountain weather hazards on Monday 22 May 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
Low Likelihood

Poor visibility
No Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Medium Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Cloudy	Partly cloudy (night)	Sunny intervals	Sunny intervals	Sunny intervals	Sunny	Sunny intervals	Cloudy
Precipitation probability							
20%	20%	10%	10%	10%	10%	10%	10%

Forecast for Monday 22 May 2023

Weather: Low cloud mainly affecting the southeast through the early hours, perhaps giving the odd spot of rain but this soon clearing eastwards by dawn. Dry and fine thereafter with sunny spells.

Chance of cloud-free hill tops above 800m: 30% in the southeast during the early hours, otherwise 90%.

Low cloud and visibility: Low cloud, base 500-700m, in the southeast for the first couple of hours then clearing. Good visibility.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Monday 22 May 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	7/10 W	11/15 W	15/19 W	15/21 W	17/25 W	16/25 W	14/22 W	13/18 W	16/22 SW
900	7/10 W	11/14 W	14/19 W	15/21 W	17/25 W	17/25 W	15/22 W	12/18 W	15/21 SW
600	6/8 W	6/11 W	10/14 W	13/19 W	14/22 W	14/22 W	12/19 W	9/14 W	10/16 SW
300	2/8 W	2/11 W	5/15 W	7/19 W	9/22 W	9/22 W	8/20 W	5/14 W	4/15 SW
Glen	3/7 W	4/9 NW	3/7 SW	9/16 W	11/19 W	12/20 W	10/18 W	6/11 W	5/11 SW

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	2/-1	1/-3	1/-4	3/-2	4/-1	4/-0	3/-1	2/-3	1/-4
900	3/0	2/-2	2/-3	4/-1	5/0	5/1	4/-0	2/-2	2/-3
600	6/4	4/2	5/2	6/3	8/4	8/4	7/3	5/2	5/1
300	7/7	7/6	7/6	10/8	11/9	11/9	10/8	8/6	7/6
Glen	9/9	9/8	10/10	12/10	13/11	14/11	12/10	10/9	10/9
Freezing Level*	1400m	1200m	1100m	1200m	1300m	1200m	1200m	1200m	1200m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Feeling cold at height despite pleasant temperatures at lower levels.

Forecast for Tuesday 23 May 2023
Weather: Low cloud feeding in from the northwest bringing the odd spot of rain or drizzle. Lingering through the majority of the day but brightening up late afternoon and evening.

Maximum wind: West or southwesterly 10-15mph, gusting 30mph in the north into the evening.

Chance of cloud-free hill tops above 800m: 90% during the early hours, lowering to 40% from around dawn. 70% by evening.

Low cloud and visibility: Low cloud, base 700-800m, perhaps down to 500m in the west at first, mostly clearing by early evening. Good visibility below cloud level.

Temperature: **Glens:** Plus 9 rising to plus 15 Celsius.
At 800m: Plus 1 rising to plus 5 Celsius.
Freezing level: Above summits.

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